



ESTD. 2008

THE STRAY SOO

— IRISH BAR & RESTAURANT —

MENU



ALLERGEN NOTICE

At [Restaurant Name], we take food allergies and intolerances seriously. Please inform a member of our team before placing your order if you have any allergies.

Our dishes may contain or come into contact with the following 14 allergens:

- | | | | | | |
|---|---|---|----|--|---|
| 1 |  | Celery
and products thereof | 8 |  | Molluscs
and products thereof |
| 2 |  | Cereals
containing gluten (wheat, rye, barley, oats, spelt, kamut or their hybridised strains) and products thereof | 9 |  | Mustard
and products thereof |
| 3 |  | Crustaceans
and products thereof | 10 |  | Nuts
(tree nuts) and products thereof |
| 4 |  | Eggs
and products thereof | 11 |  | Peanuts
and products thereof |
| 5 |  | Fish
and products thereof | 12 |  | Sesame seeds
and products thereof |
| 6 |  | Lupin
and products thereof | 13 |  | Soya
and products thereof |
| 7 |  | Dairy
and products thereof (including lactose) | 14 |  | Sulphur dioxide and sulphites
at concentrations of more than 10mg/kg or 10mg/l expressed as SO ₂ |

ALL OUR FOOD IS PREPARED IN A KITCHEN WHERE ALL KNOWN ALLERGENS ARE PRESENT.
OUR DISH DESCRIPTIONS DO NOT INCLUDE ALL OF THE INGREDIENTS USED TO MAKE THE DISH.

**THEREFORE, IF YOU HAVE A FOOD ALLERGY
PLEASE SPEAK TO A MEMBER OF STAFF BEFORE ORDERING.**

Full allergen information is available & all ingredients used.

All care has been taken to remove all bones from the food how ever some may still remain.

LUNCH SERVED UNTIL 5PM

SANDWICHES

All Sandwiches served on either white or brown bread

Cheese & Red Onion (V) 1,2,4,7,9,13,14 cheese, red onion	€5.50
Chicken & Stuffing 1,2,4,7,9,10,11,13,14 Chicken & sage and onion stuffing	€6.00
Ham & Cheese 1,2,4,7,9,10,11,13,14 Honey roasted ham & Cheese	€6.00
Coronation Chicken 1,2,4,7,9,10,11,13,14 Coronation chicken & lettuce	€6.50
Tuna Mayo & Cucumber 1,2,3,4,5,7,9,10,11,13,14 Tuna mayo, lettuce & cucumber	€6.50
Triple Decker SOD Club 1,2,3,4,5,7,8,9,10,11,12,13,14 Toasted bread with Chicken, bacon, lettuce, tomato, red onion & mayo	€8.00

WRAPS

BLT 1,2,3,4,5,7,8,9,10,11,12,13,14 Bacon, lettuce, tomato, mayo	€6.50
Chicken & Bacon 1,2,3,4,5,7,8,9,10,11,12,13,14 Chicken, bacon, lettuce & mayo	€7.00
Cajun Chicken & Spinach 1,2,3,4,5,7,8,9,10,11,12,13,14 Chicken in Cajun spices, red onion, spinach, Cajun mayo	€7.50
Crunchy Chicken Slaw 1,2,3,4,5,7,8,9,10,11,12,13,14 Crispy chicken strips with lettuce & coleslaw	€7.50
BBQ Chicken & Cheese 1,2,3,4,5,7,8,9,10,11,12,13,14 Crispy chicken strips with lettuce, cheese & BBQ sauce	€7.50
Falafel Salad 1,2,3,4,5,7,8,9,10,11,12,13,14 Falafel bites with yoghurt dressing	€7.75

BAGUETTES

Pickle & Cheese (V) 1,2,4,7,9,10,11,12,14 Classic pickle & cheddar cheese	€6.50
Crispy Chicken & Guacamole 1,2,3,4,5,7,8,9,10,11,12,13,14 Crispy chicken pieces with lettuce, tomato & guacamole	€7.00
Chicken CLUB 1,2,3,4,5,7,8,9,10,11,12,13,14 Chicken, bacon, lettuce, tomato & mayo	€7.50
Pulled Pork & Apple Sauce 1,2,4,7,9,10,11,12,13,14 Slow cooked pork shoulder with apple sauce	€8.00
Crispy Fish Finger & lettuce 1,2,3,4,5,7,8,9,10,11,12,13,14 Crispy fish fingers with lettuce & tartar sauce	€7.50
Steak & Onion 1,2,4,7,9,10,11,12,13,14 Pieces of steak mixed with fried onions	€8.00

QUESADILLAS

Tortilla wrap filled with salsa, red onion, cheese & choice of filling served with sour cream and chefs salad

Chicken 1,2,4,7,8,9,10,11,12,13,14	€8.00
Spicy Chicken 1,2,4,7,8,9,10,11,12,13,14	€8.00
Double Cheese (V) 1,2,4,7,9,10,11,12,13,14	€8.00

BAKED POTATO

Plain With Butter 1,4,7,9,10,11,14	€6.00
Cheese & Beans 1,4,7,9,10,11,14	€8.00
Coronation Chicken 1,2,4,7,9,10,11,13,14	€8.00
Beef Chilli 1,2,4,7,9,10,11,13,14	€8.00
Tuna Mayonnaise 1,4,7,9,10,11,13,14	€8.00
Cheese & Bacon 1,4,7,9,10,11,13,14	€8.00
BBQ Pulled Pork 1,4,7,9,10,11,13,14	€8.00

SHACKS

Pan & Alioli 1,2,4,7,9,10,11,12,13,14	€3.50
Onion Rings 1,2,3,4,5,7,8,9,10,11,12,13,14	€4.50
Soup Of The Day ask for allergens	€4.50
Garlic Bread 1,2,4,7,9,10,11,12,13	€4.50
Cheesy Garlic Bread 1,2,4,7,9,10,11,12,13	€5.50
Ham Croquettes 1,2,3,4,5,7,8,9,10,11,12,13,14 with mustard mayo	€5.50
Breaded Mushrooms 1,2,3,4,5,7,8,9,10,11,12,13,14 with Alioli	€5.00
Breaded Brie 1,2,3,4,5,7,8,9,10,11,12,13,14 with cranberry compote	€6.00
Chicken Goujons 1,2,3,4,5,7,8,9,10,11,12,13,14 with sweet chilli	€6.50
Calamari Rings 1,2,3,4,5,7,8,9,10,11,12,13,14 with sweet chilli	€6.50
Mozzarella sticks 1,2,3,4,5,7,8,9,10,11,12,13,14 with tomato chutney	€6.50
Falafel bites 1,2,3,4,5,7,8,9,10,11,12,13,14 with yoghurt dip	€7.00

SHARES

Cheesy Nachos* (GF) (V) 7 Topped with our nacho cheddar cheese sauce salsa & sour cream	€7.50
BBQ Pulled Pork Nachos* 1,4,7,9,10,11,13,14 Topped with our nacho cheddar cheese sauce, pulled pork salsa & sour cream	€10.00
Chilli Nachos 1,2,4,7,9,10,11,13,14 Topped with our nacho cheddar cheese sauce, chilli con carne salsa & sour cream	€10.00
ADD GUCAMOLE FOR €1.50	
1/2 kilo Chicken Wings 1,2,3,4,5,7,8,9,10,11,12,13,14 (Choice of sauce JD BBQ, piri-piri or blue cheese)	€10.00

CHIPS

Chips 1,2,3,4,5,7,8,9,10,11,12,13,14	€3.50
Cheesy Chips 1,2,3,4,5,7,8,9,10,11,12,13,14	€5.50
Curry Chips 1,2,3,4,5,7,8,9,10,11,12,13,14	€6.25
Cheesy Bacon Chips 1,2,3,4,5,7,8,9,10,11,12,13,14	€6.50
BBQ Pulled Pork Topped Chips 1,2,3,4,5,7,8,9,10,11,12,13,14	€8.00
Chilli Con Carne Topped Chips 1,2,3,4,5,7,8,9,10,11,12,13,14	€8.00
Stray Sod Dirty Chips 1,2,3,4,5,7,8,9,10,11,12,13,14	€8.00
Chips topped with house nacho cheese, bacon, sour cream, jalapenos & crispy onions	
Stray Sod Spice Bag 1,2,3,4,5,7,8,9,10,11,12,13,14	€9.50
Chips mixed with peppers, onion our house spice bag mix & curry sauce	

BURGERS

- Stray Sod 1/4 Pounder** 1,2,3,4,5,7,8,9,10,11,12,13,14 €7.50
 1/4 pound Irish beef burger with Cheese, fried onions, lettuce, tomato, pickle, house burger sauce
- Sod BBQ bacon & cheese** 1,2,3,4,5,7,8,9,10,11,12,13,14 €8.50
 1/4 pound Irish beef Beef burger with cheese and bacon, served in a toasted bun with lettuce, red onion & BBQ sauce
- Bacon & Blue** 1,2,3,4,5,7,8,9,10,11,12,13,14 €9.00
 1/4 pound Irish beef Beef burger with blue cheese dressing and bacon, served in a toasted bun with lettuce, red onion

DOUBLE UP YOUR 1/4 To a 1/2 pounder ONLY 3€ EXTRA

- Jumbo Hot Dog** 1,2,3,4,5,7,8,9,10,11,12,13,14 €6.50
 pork sausage Served with fried & crispy onions, ketchup & mustard in a ciabatta baguette
- Crispy Chicken Fillet Burger** 1,2,3,4,5,7,8,9,10,11,12,13,14 €7.50
 Served with lettuce, tomato, mayo & coleslaw
- Pulled Pork Burger** 1,2,3,4,7,9,10,11,12,13,14 €7.50
 BBQ pulled pork, lettuce, red onion, coleslaw & BBQ sauce
- SOD Chicken Stack Burger** 1,2,3,4,5,7,8,9,10,11,12,13,14 €8.50
 Breaded chicken, fried onions, cheddar cheese, lettuce, hash brown, spicy mayo
- Crispy Piri-Piri Chicken Burger** 1,2,3,4,5,7,8,9,10,11,12,13,14 €8.50
 Served with lettuce, tomato, piri piri sauce & coleslaw
- Ultimate Crispy Chicken Burger** 1,2,3,4,5,7,8,9,10,11,12,13,14 €9.70
 Served with cheese, bacon, lettuce, tomato, pickle, mayo & coleslaw
- Veggie Burger** 1,2,3,4,5,7,8,9,10,11,12,13,14 €7.00
 Vegetarian burger served with lettuce, mayo & tomato chutney

ADD CHIPS TO YOUR BURGER FOR ONLY €3

STEAKS

Cut & aged then cooked on our indoor char-grill for the best flavour Served with chips, garden peas, & fried onions 1,2,3,4,5,7,8,9,10,11,12,13,14

Rump	€25.00
Sirloin	€26.00
Rib-eye	€26.00
Fillet	€31.00

SAUCES

- Gravy** 1,4,7,9,10,11,12,13,14 €3.00
- Green Peppercorn** 1,2,4,7,9,10,11,12,13,14 €3.50
- Garlic Butter** 1,2,4,7,9,10,11,12,13,14 €3.50
- Blue Cheese** 1,3,4,5,7,8,9,10,11,12,13,14 €3.50
- JD BBQ** 1,9,10,11,14 €3.50
- Peri-Peri** 1,9,10,11,14 €3.50
- SOD Curry** 1,2,4,7,9,10,11,14 €3.50

MAINS

Ham, Egg & Chips 1,2,3,4,5,7,8,9,10,11,12,13,14	€11.00
Sliced home-baked honey ham served with chips, 2 fried eggs & peas	
Bangers & Mash 1,2,3,4,5,7,8,9,10,11,12,13,14	€12.00
3 pork sausages served with creamy mash, veg & onion gravy	
Pesto & Sundried Tomato Pasta	€12.00
Pasta coated on a red pesto sauce with sundried tomatoes, red onion, spinach, cherry tomatoes	
Breaded Whole Tail Scampi 1,2,3,4,5,7,8,9,10,11,12,13,14	€12.50
Breaded scampi served with chips & peas	
Chilli Con Carne 1,2,3,4,5,7,8,9,10,11,12,13,14	€13.00
Minced beef, onions, peppers & kidney beans in a rich tomato sauce & tortilla chips. served with rice, chips or 1/2 & 1/2	
Half Roast Chicken 1,2,3,4,5,7,8,9,10,11,12,13,14	€13.00
served with stuffing, chips, veg & gravy	
Beer Battered Fish & Chips 1,2,3,4,5,7,8,9,10,11,12,13,14	€13.50
Fresh fish fillet coated in our own recipe beer batter, served with chips & mushy peas	
Spaghetti Bolognese 1,2,4,7,9,10,11,12,13,14	€13.00
slow cooked beef mince in a rich tomato sauce with spaghetti	
Cottage Pie 1,3,4,5,7,8,9,10,11,12,13,14	€14.00
Slow cooked minced beef, Onion & carrots topped with cheesy mash & served with veg	
Stray Sod Curry 1,2,3,4,5,7,8,9,10,11,12,13,14	€14.50
Our delicious sod curry sauce with sliced chicken, onions & peppers served with rice, chips or 1/2 & 1/2	
Stray Sod Thai Red Curry 1,2,3,4,5,7,8,9,10,11,12,13,14	€14.50
Our delicious sod Thai curry sauce with sliced chicken, fresh red chilli, squash & coriander served with rice, chips or 1/2 & 1/2	
Steak & Guinness Pie 1,2,3,4,5,7,8,9,10,11,12,13,14	€14.50
Tender steak cooked in our Guinness gravy inside our home recipe short crust pastry served with chips peas & gravy	
Sweet & Sour chicken 1,2,3,4,5,7,8,9,10,11,12,13,14	€14.50
Pieces of chicken cooked in our home-made sweet & sour sauce with peppers, onion & pineapple served with rice, chips or 1/2 & 1/2	
Homemade Lasagne 1,2,4,7,9,10,11,12,13,14	€14.00
Layers of pasta, slow cooked beef mince in a rich tomato sauce & cheese sauce with garlic bread	
Lamb's Liver & Bacon 1,2,3,4,5,7,8,9,10,11,12,13,14	€15.00
Pan fried Lambs liver served with fried onions, creamy mash, veg & gravy	
Sizzling Fajita 1,2,3,4,5,7,8,9,10,11,12,13,14	€15.00
strips of chicken OR *beef peppers & onion served on a hot plate with 2 wraps, lettuce, cheese, salsa & sour cream. <u>Extra wrap 0.50c</u> (*1.00€ extra)	
Half Rack BBQ Ribs 1,2,3,4,5,7,8,9,10,11,12,13,14	€16.00
served with in homemade BBQ sauce with chips & coleslaw	
Creamy Cajun Chicken 1,2,3,4,5,7,8,9,10,11,12,13,14	€16.00
Sliced chicken breast coated in Cajun spices, cream, onions & peppers served with rice, chips or 1/2 & 1/2	
Chicken & Bacon Pasta 1,2,3,4,5,7,8,9,14	€16.00
chicken, bacon, mushrooms & pasta cooked in a creamy garlic & white wine sauce	
Creamy Cajun Chicken Pasta 1,2,3,4,5,7,8,9,10,11,12,13,14	€16.00
Sliced chicken breast coated in Cajun spices, cream, onions & peppers with pasta	
Beef Stroganoff 1,2,3,4,5,7,8,9,10,11,12,13,14	€16.00
Succulent beef pieces, mushrooms & onions in a creamy brandy sauce served with rice, chips or 1/2 & 1/2.	

SALADS

- Caesar Salad** 1,2,3,4,5,7,8,9,13,14 €8.50
Lettuce, crispy croutons, parmesan cheese and Caesar dressing.
ADD CHICKEN 2€ ADD BACON 2€
- House Salad** 1,4,7,9,10,11,12,13,14 €10.00
Mixed leaf salad, red onion, peppers, cucumber, carrot, tomatoes, egg, coleslaw & dressing
Add A Topping 2.00€ Each: Chicken, Ham, Cheese, Tuna Mayo
- Cajun Chicken** 1,2,4,7,9,10,11,12,13,14 €12.50
Mixed leaf salad, red onion, peppers, cucumber, carrot, tomatoes, egg, coleslaw & yoghurt dressing

SIDES

- Bread & Butter** 2,7,10,11,13, €2.50
- Chips** 1,2,3,4,5,7,8,9,10,11,12,13,14 €3.00
- Coleslaw** 1,4,7,9,14 €3.00
- Portion Of Mash** 1,7 €3.50
- Portion of Veg** 1 €3.50
- Side Salad** 1,4,7,9,10,11,12,13,14 €4.00

KIDS (under 12's)

- Cheese Burger & Chips** 1,2,3,4,5,7,8,9,10,11,12,13,14 €6.50
- 2 Sausages & Mash** 1,2,3,4,5,7,8,9,10,11,12,13,14 €6.50
- Chicken Nuggets & Chips** 1,2,3,4,5,7,8,9,10,11,12,13,14 €6.50
- Fish Fingers & Chips** 1,2,3,4,5,7,8,9,10,11,12,13,14 €6.50
- Tomato Pasta** 1,2,7,13,14 €6.50
- Chilli & Rice** 1,2,7,9,10,11,12,13,14 €6.50
- Spaghetti Bolognese** 1,2,3,4,5,7,8,9,14 €6.50
- Baby Bowl** under 3's only 1,7,9,10,11,13,14 €3.00
(Mash, Peas & gravy)

**All kids meals
Includes a bowl
of VANILLA
ICE CREAM with
Chocolate,
Strawberry
or Caramel
sauce!**



'The name 'The Stray Sod'

comes from a traditional Irish Celtic myth. The origins of the tale in true Irish fashion have been lost in the mists of time.

However, legends describe it as an enchanted clump of grass which triggers a magic spell once stepped upon. Under the influence of this spell, one loses all sense of direction, all familiar landmarks disappear and one wanders aimlessly. It is said that to cure this, one must turn all clothes inside out, so be careful because you never know where you might end up!